

## READINGS & RESOURCES (C.U.I., 2007)

### ADVENTURE PROGRAM GAMES & INITIATIVES:

- Anderson, M. & Cain, J. & Cavert, C. & Heck, T. **Teambuilding Puzzles**. Fundoing Publications, 2005.
- Barbarash, Lorraine. **Multicultural Games**. New York: Human Kinetics, 1997.
- Cain, Jim & Jolliff, Barry. **Teamwork & TeamPlay**. Iowa: Kendall/Hunt Publishing, 1998.
- Cain, Jim & Smith, Tom. **The Book on Raccoon Circles**. Oklahoma: Learning Unlimited Corporation, 2002.
- Cavert, C. **Affordable Portables**. Oklahoma: Wood 'N' Barnes Publishing, 1999.
- Cavert, C., Frank., L. **Games (& other stuff) for Teachers**. Oklahoma: Wood 'N' Barnes Publishing, 1999.
- Cummings, Michelle. **Playing With A Full Deck**. Iowa: Kendall/Hunt Publishing Company, 2007.
- Davies, A. **Co-operative Games For People Who Like to Play**. Nepean: Alan R. Davies, 1985.
- Ellmo, W., & Graser, J. **Adapted Adventure Activities: A Rehabilitation Model for Adventure Programming and Group Initiatives**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Fluegalman, A. **The New Games Book**. New York: Dolphin Books, 1976.
- Fluegalman, A. **More New Games**. New York: Dolphin Books, 1981.
- Gregson, Bob. **The Incredible Indoor Games Book**. California: David S. Lake Publishers, 1982.
- Gryski, Camilla. **Cat's Cradle, Owl's Eyes: A Book of String Games**. Toronto: Kids Can Press, 1985.
- Hammond, D., & Cavert, C. **The Empty Bag**. Fundoing Publications, 2003.
- Havens, Mark. **Bridges to Accessibility: A Primer for Including Persons with Disabilities in Adventure Curricula**. Hamilton, M.A.: Project Adventure Inc., 1992.
- Kasser, Susan L. **Inclusive Games: Movement Fun for Everyone!** Illinois: Human Kinetics, 1995.
- Orlick, T. **The Co-Operative Sports & Games Book**. New York: Pantheon Books, 1978.
- Orlick, T. **The Second Co-Operative Sports & Games Book**. new York: Pantheon Books, 1978.
- Rohnke, Karl. **Bottomless Baggie**. Iowa: Kendall/Hunt Publishing Company, 1991.
- Rohnke, Karl. **The Bottomless Bag**. Iowa: Kendall/Hunt Publishing Company, 1991.
- Rohnke, Karl. **Cows Tails and Cobras, II**. Hamilton, M.A.: Project Adventure Inc., 1989.
- Rohnke, Karl. **Funn Stuff Volume One**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Rohnke, Karl. **Funn Stuff Volume Two**. Iowa: Kendall/Hunt Publishing Company, 1996.
- Rohnke, Karl. **Funn Stuff Volume Three**. Iowa: Kendall/Hunt Publishing Company, 1998.
- Rohnke, Karl., & Butler, S. **Quicksilver**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Rohnke, Karl. **Silver Bullets**. Hamilton, M.A.: Project Adventure Inc., 1984.
- Scouts Canada. **Fun Tested Games...From A to Z**. Ottawa, Ontario: Scouts Canada National Council, 1989.
- Sikes, Sam, & Evans, Faith, & Cavert, Chris. The **More The Merrier: Lead Playful Activities with Large Groups. Why. What. How.** 2007. ISBN 978-0-9646541-9-8.

## **ADVENTURE PROGRAM FACILITATION:**

- Auvine, Brian et al. **A Manual For Group Facilitators**. Wisconsin: The Center for Conflict Resolution, 1978.
- Bacon, Stephen. **The Conscious Use of Metaphor In Outward Bound**. Colorado Outward Bound School: 1993.
- Cain, J. & Cummings, M. & Stanchfield, J. **A Teachable Moment**. Iowa: Kendall Hunt Publishing Company, 2005
- Ekert, Larry. **“If Anybody Asks Me...” 1001 Focused Questions for Educators, Counselors, and Therapists**. Oklahoma: Wood ‘N’ Barnes Publishing, 1999.
- Gass, Michael., & Priest, Simon. (1993) Using Metaphors and Isomorphs to Transfer Learning in Adventure Education. **Journal of Adventure Education and Outdoor Leadership**.
- Gass, Michael. Programming the Transfer of Learning in Adventure Education. **Journal of Experiential Education**, 1985, 8 (3), 18-24.
- Gass, Michael. **Book of Metaphors: Volume II**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Gass, Michael. Enhancing Metaphor Development in Adventure Therapy Programs. **Journal of Experiential Education**, 14(2), 6-13.
- Gass, M., & Kerr, P. A Group Development Model for Adventure Education. **Journal of Experiential Education**, 1987, 10 (3), 39-45.
- Hammel, H. How to Design a Debriefing Session. **Journal of Experiential Education**, 1986, 9(3), 20-25.
- Hirsch, J., & Priest, S. **Essential Elements of Experiential Programming**. Tarrak Technologies, 2004.
- Havens, Mark D. **Bridges to Accessibility: A Primer for Including Persons with Disabilities in Adventure Curricula**. Project Adventure, 1992.
- Kerr, P., & Gass, M. (1987) Group Development in Adventure Education. **Journal of Experiential Education**, 5(3), 6-9.
- Luckner, John L. & Nadler, Reidan S. **Processing The Experience: Strategies to Enhance and Generalize Learning**. Iowa: Kendall/Hunt Publishing Company, 1997.
- Knapp, C. **The Art and Science of Processing Experience**. Paper, Northern Illinois University.
- Knapp, Cl. **Lasting Lessons: A Teacher’s Guide to Reflecting on Experience**. West Virginia: Eric, 1992.
- Knapp, C. Idea Notebook: Designing Processing Questions to Meet Specific Objectives. **Journal of Experiential Education**, 1984, 7(2), 47-49.
- Nadler, Reidan S., & Luckner, John L. **Processing The Adventure Experience**. Iowa: Kendall/Hunt Publishing Company, 1992.
- Priest, S., & Martin, C. **The Adventure Experience Paradigm**. Unpublished paper, 1987.
- Priest, S., Gass, M., Gillis, L. **The Essential Elements of Facilitation**. Iowa: Kendall/Hunt Publishing Company, 2000.
- Priest, S. **A Model of Group Initiative Facilitation and Training: G.I.F.T.** Unpublished paper, 1989.
- Priest, S. & Naismith, M.(1993) The Debriefing Funnel. **Journal of Adventure Education and Outdoor Leadership**, 10(3), 20-22.
- Quinsland, L.K. & Van Ginkle, A. (1984). How To Process Experience. **Journal of Experiential Education**, 7(2), 8-13.
- Simpson, Steven. **The Leader Who Is Hardly Known**. Oklahoma: Wood ‘N’ Barnes Publishing, 2003.
- Simpson, Steven & Miller, Dan & Bocher, Buzz. **The Processing Pinnacle: An Educator’s Guide to Better Processing**. Oklahoma City: Wood “N” Barnes Publishing, 2006
- Wood ‘N’ Barnes Publishing Staff. **The Me I See-Answering Life’s Questions**. Oklahoma: Wood ‘N’ Barnes Publishing, 1998.

## **EXPERIENTIAL & ADVENTURE LEARNING THEORY & ETHICS:**

- Csikszentmihalyi, Mihaly. **Beyond Boredom and Anxiety**. San Francisco: Jossey-Bass, 1985.
- Csikszentmihalyi, Mihaly. **Flow: The Psychology of Optimal Experience**. New York: Harper & Row, Publishers, 1990.
- Drebing, C., Willis, S., & Genet, B. Anxiety and The Outward Bound Process. **Journal of Experiential Education**, 1987, 10(2), 17-21.
- Havens, Mark. Learning From Ethical Dilemmas. **Journal of Experiential Education**, 1987, 10(1), 12-15.
- Hunt, J. (1990). **Ethical Issues in Experiential Education**. Boulder, Co: Association for Experiential Education.
- Johnson, David W. & Johnson, Frank P. **Joining Together. Group Theory and Group Skills. Fourth Edition**. New Jersey: Prentice-Hall Inc. 1991.
- Kraft, R., & Kielsmeier, J. **Experiential Learning in Schools and Higher Education**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Priest, S. & Gass. M. **Effective Leadership in Adventure Programming**. Illinois: Human Kinetics, 1997.
- Warren, K., Sakofs, M., & Hunt. J. **The Theory of Experiential Education, Third Edition**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Warren, K., **Women's Voices in Experiential Education**. Iowa: Kendall/Hunt Publishing Company, 1996.

## **ADVENTURE THERAPY:**

- Cole, E., Erdman, E., & Rothblum, E. **Wilderness Therapy for Women: The Power of Adventure**. New York: The Haworth Press, Inc. 1994.
- Davis-Berman, J., & Berman, D. **Wilderness Therapy: Foundations, Theory & Research**. Iowa: Kendall/Hunt Publishing Company, 1994.
- Dossick, J. & Shea, E. **Creative Therapy: 52 Exercises for Groups**. Florida: Professional Resource Exchange, Inc., 1988.
- Finch, Karen. **The K.E.Y. Group: An Experiential Personal-Growth Group Manual**. Iowa: Kendall/Hunt Publishing Company, 1996.
- Gass, Michael. **Adventure Therapy: Therapeutic Applications of Adventure Programming**. Iowa: Kendall/Hunt Publishing Company, 1993.
- Gerstein, J. **Experiential Family Counselling**. Iowa: Kendall/Hunt Publishing Company, 1995.
- Gerstein, J. **High Power Group Facilitation: A Training Manual for Adventure-Based Counselors**. New Mexico: Jackie Gerstein, 1994.
- Gerstein, J. **Living Metaphors: Stories and Related Experiential Exercises for Personal, Group, and Family Growth**. New Mexico: Jackie Gerstein, 1994.
- Gerstein, J. **A Place of Connection: Expressive Counselling Techniques for Families and Individuals**. Oklahoma: Wood 'N' Barnes Publishing, 1998.
- Gillis, H.L., & Gerstein, J. **The Family Circuit: A Newsletter on Theory, Research, & Practice of Family Adventure**. Psychology Department, Georgia College, Campus Box 90, Milledgeville, GA 31061 (912)453-5120.
- Gillis, H.L., & Bonney, W.C. (1986). Group Counseling with Couples or Families: Adding Adventure Activities. **Journal for Specialists in Group Work**, 11(4),213-219.
- Itin, Christian, M. **Exploring the Boundaries of Adventure Therapy International Perspectives**. Colorado: Association for Experiential Education, 1998.
- Kimball, R. (1983). The Wilderness as Therapy. **Journal of Experiential Education**, 5(3),6-9.

## **ADVENTURE THERAPY: (cont.)**

Schoel, J., Prouty, D., & Radcliffe, R. **Islands of Healing, A Guide To Adventure Based Counselling.** Hamilton, M.A.: Project Adventure Inc., 1988.

Yalom, I. **The Theory and Practice of Group Psychotherapy, 3rd Edition.** New York: Basic Books, 1985

Yalom, I., & Vinogradov, S. **A Concise Handbook of Group Psychotherapy.** Washington: American Psychiatric Press, Inc., 1989.

## **EXPERIENCE-BASED TRAINING & DEVELOPMENT:**

Bridges, William. **Managing Transitions: Making the Most of Change.** Massachusetts: Addison-Wesley, 1991.

Covey, S.R. **The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change.** New York: Fireside, 1987.

Gass, M.A., & Wurdinger, S. (1993). Ethical Decisions in Experience-Based Training and Development Programs. **Journal of Experiential Education,** 16(2), 41-47.

Hackman, J.R. **Groups That Work (and Those That Don't): Creating Conditions for Effective Teamwork.** California: Jossey-Bass Inc., 1990.

Meier, K.S., & Stafford, J.S. **The Team Concept: Trustbuilders, Energizers, and Motivators.** Talico, Inc. 1994

Priest, S. & Rohnke, K. **101 of The Best Corporate Team-Building Activities We Know!** Iowa: Kendall/Hunt Publishing Company, 2000.

Priest, S. & Sikes, S. & Evans, F. **99 of the best Experiential Corporate Games we know!** Experientia Publications, 2000.

Roland, C., Wagner, R., & Weigand, R. **Do It: and Understand!: The Bottom Line on Corporate Experiential Learning.** Iowa: Kendall/Hunt Publishing Company, 1995.

Senge, P.M. **The Fifth Discipline: The Art & Practice of The Learning Organization.** New York: Doubleday, 1990

Snow, H. **The Power of Team Building Using Ropes Techniques.** California: Pfeiffer & Company, 1992.

## **RISK MANAGEMENT & TECHNICAL:**

Ajango, Deborah, University of Alaska Anchorage, Alaska Outdoor & Experiential Education. **Lessons Learned: A Guide To Accident Prevention and Crisis Response.** Alaska: Northern Printing, 2000.

Ashley, Clifford, W. **The Ashley Book of Knots.** Coles Publishing Company Limited, 1980.

Auerbach, Paul S. **Medicine for the Outdoors.** Boston: Little, Brown & Company Ltd, 1991.

Bigon, M., & Regazzoni, G. **The Morrow Guide To Knots.** New York: William Morrow and Company Inc., 1982.

Cinnamon, J. **The Complete Climber's Handbook.** Second Edition. Camden, ME: Ragged Mountain Press, 2000.

Gerrard, Layne. **Rock Gear: Everybody's Guide to Rock Climbing Equipment.** California: Ten Speed Press, 1990.

Hanna, Glenda. **Outdoor Pursuits Programming: Legal Liability and Risk Management.** Alberta: The University of Alberta Press, 1991.

Jacobson, Cliff. **The Basic Essentials of Knots For the Outdoors.** Indiana: ICS Books, Inc., 1990.

Leemon, D. et al. **Adventure Program Risk Management Report.** Colorado: Association for Experiential Education, 1998.

Liddle, Jeff. **Adventure Program Risk Management Report.** Colorado: Association for Experiential Education, 1995.

## **RISK MANAGEMENT & TECHNICAL: (cont.)**

Padgett, A., & Smith, Bruce. **On Rope: North American Vertical Rope Techniques: New Revised Edition.** Alabama: National Speleological Society, 1996.

Rohnke, Karl. **Forget Me Knots.** Iowa: Kendall/Hunt Publishing Company, 1992.

Rohnke, K., Rogers, D., Wall, J., & Tait, C. **The Complete Ropes Course Manual 4<sup>th</sup> Edition.** Iowa: Kendall/Hunt Publishing Company, 2007.

Ryan, B. **The Guide for Challenge Course Operations.** A Project Adventure, Inc., Publication. 2005.

Vines, Tom, & Hudson, Steve. **High Angle Rescue Techniques: A Student Guide for Rope Rescue Classes.** Iowa: Kendall/Hunt Publishing Company, 1992.

Webster, Steven. **Ropes Course Safety Manual: An Instructor's Guide to Initiatives, and Low and High Elements.** Hamilton, M.A.: Project Adventure Inc., 1980.

Williamson, J. & Gass, M.A. (1993). **Manual of Accreditation Standards for Adventure Programs.** Boulder, CO: Association for Experiential Education.

## **SCHOOL-BASED ADVENTURE PROGRAMMING:**

Frank, L. **Journey Toward the Caring Classroom.** Oklahoma City, OK: Wood "N" Barnes Publishing & distribution, 2004,

Panicucci, Jane. **Adventure Curriculum for Physical Education Elementary School.** Beverly, MA: Project Adventure Inc., 2003.

Panicucci, Jane. **Adventure Curriculum for Physical Education Middle School.** Beverly, MA: Project Adventure Inc., 2003.

Panicucci, Jane. **Adventure Curriculum for Physical Education High School.** Beverly, MA: Project Adventure Inc., 2003.

## **MISCELLANEOUS:**

Baylor, Byrd. **Everybody Needs A Rock.** New York: Aladdin Books, 1985.

Canadian Outward Bound Wilderness School. **Winds from the Wilderness.** 1982

Creative Therapy Associates, Inc. **Mood Swings.** New York: Price Stern Sloan, 2001. ISBN 0-8431-7560-5.

Hitt, William E. **Thoughts on Leadership: A Treasury of Quotations.** Ohio: Battelle Press, 1992.

Roberts, Nina, S. **A Guide To Women's Studies in the Outdoors: A Review of Literature and Research with Annotated Bibliography.**